



*saint john's*  
PROGRAM FOR REAL CHANGE



## Join us at Polo for Change

Polo for Change is just 10 days away! This spectacular event will combine the excitement of a polo match with the society event of the season! Guests will enjoy an afternoon of polo, delicious food and drink, live music, shopping, exclusive silent auction, equine demonstrations, a fabulous hat contest, and the traditional Champagne Divot Stomp!

Tickets are still available for purchase, this is an experience you will not want to miss! Get your tickets now for as little as \$35 for lawn seats, \$100 for Club Seats, and \$175 for VIP Seats.



*saint john's*  
**SPRING POLO**  
TOURNAMENT

[Purchase Tickets](#)

## Buy Your Exclusive Saint John's Hat

Build a hat, save a life! Get your exclusive Saint



John's Circle Hat and stand out at this year's Polo for Change. These one-of-a-kind hats were crafted by the ladies at Saint John's and the Saint John's Circle, in collaboration with the Build a Hat, Save a Life Program.

Each hat comes with a personal story from the women here at Saint John's.

[Purchase Hat](#)

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## Make a Difference-Volunteer at Polo for Change

We are in need of many volunteers at Polo for Change. We have multiple positions to fill up the day before the event as well as many opportunities during the event. There is something for everyone! [Click here for more info or to sign up.](#)



## 2017 Community Mother of the Year

Maren Conrad is one of Northern California's most promising visual artists. Inspired by the concepts of loss and renewal, Conrad creates visual metaphors that express our shared human experiences. Conrad's work appears in corporations, hotels, airports and residential spaces throughout California and in Washington D.C., Chicago, and Tel Aviv.

Conrad is a force for Arts education in the Sacramento region, teaching in 10 area elementary and middle school arts programs. Conrad has had a fundamental impact on Saint John's programs for women, helping the organization raise thousands of dollars. However, perhaps most significant is the impact her own story has on the women in the program.

Conrad triumphed over tragedy and violence in her own life. When she was 23, her husband, Dennis Conrad, was tragically murdered, leaving her to raise their five month old son, Hunter, as a single mother with the support of her parents, Jay and Cindy McKeeman. Maren Conrad truly represents the values of Saint John's and its potential for change in women's lives.

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## 2017 Mother of the Year

Amber had a very difficult childhood. She grew up doing drugs with her mother, and was raised in foster care. As much as Amber tried to succeed, she would self-sabotage. She had become a rebel and decided that if she wasn't going to be good, then she was going to be good at what she knew. From



the age of 15-20 Amber was involved in an abusive relationship which caused her to develop Post Traumatic Stress Disorder. She needed her mother, "The only reason my mom wanted me around was to have someone to do drugs with." She didn't care about school. She was violent, angry, and misunderstood.

"I thought everything going on in my life was normal, I had it so backwards."

When Amber discovered Saint John's, she was in drug court and lived in an Alcoholics Anonymous house. She would do anything to be reunited with her own daughter and Saint John's was her chance. "Saint John's was like a dream. It was a place where I learned self-control, to listen, and I was able to have my daughter and really be a mom. Saint John's gave me confidence, and self-worth. It changed me." Amber's dream is to make a difference in others' lives and impact them the way Saint John's has impacted her. She is currently a Home

Health Aide and has been caring for her client for the last two years. She graduated from Mather in June of 2016, is a Certified Nurse Assistant, and is pursuing her education in California Consortium of Addiction Programs and Professionals.

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## Guest Chef Dinner Featuring Spataro



Mark your calendars for **Thursday, June 1**, as we welcome **Kurt Spataro from Spataro** as our Guest Chef for the month of June! Support the employment training of our mothers by enjoying an exceptional fine dining experience.

**Thank you to Wells Fargo for being the Guest Chef Dinner Series Sponsor for 2017!**

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# Big Day of Giving

**Thank you to all who participated and donated in Big Day of Giving!**

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**RSVP May Concert Series Benefiting Saint John's**



RSVP invites you to mark your calendar for the upcoming spring 2017 concert series! With your attendance, our spring concerts will provide support, and raise awareness for Saint John's Program for Real Change.

Admission is free. However, we are kindly accepting donations. For additional information, please visit [www.rsvpchoir.org](http://www.rsvpchoir.org) or email [rsvp@rsvpchoir.org](mailto:rsvp@rsvpchoir.org).

- **May 12th @ 7:30 pm**-Journey Church, 450 Blue Ravine Road, Folsom
- **May 13th @ 7:30 pm**-St. Mark's Lutheran Church, 7869 Kingswood Drive, Citrus Heights
- **May 19th and 20th @ 7:30 pm**-St. Lutheran Church, 1701 L Street, Sacramento

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## Industry Spotlight Workshop Featuring Kaiser



Thank you to Kaiser Permanente and one of Saint John's very own Board Members, Kevin Peterson, and co-workers Baljit Pegany and Phillip Bhakta, for presenting at Saint John's on how to navigate the hiring process of Kaiser Permanente.

Thank you Kaiser Permanente for helping the women of Saint John's gain a better perspective on the hiring process and what employers in the community are looking for!

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## Golf for a Cause

You don't have to be an experienced golfer for a chance to win \$5,000! Join Saint John's on **Monday, June 5**, at the Del Paso Country Club, for the 2017 inaugural Arden Arcade Open! See the traditional dimple drop first hand as a helicopter will be flying over the 18th hole!

Support the women and children at Saint John's by purchasing a raffle ticket for \$20 each or six for \$100.

**First place is \$5,000**  
**Second place is \$1,000**  
**Third place is \$500**

We will deliver your Dimple Drop tickets to you! For more information, please contact Phil MacDougall at [PMacDougall@saintjohnsprogram.org](mailto:PMacDougall@saintjohnsprogram.org)





## Mark Your Calendars:

Friday, May 12: RSVP Concert

Saturday, May 13: RSVP Concert

Friday, May 19: RSVP Concert

Saturday, May 20: RSVP Concert

Saturday, May 20: Polo for Change

Thursday, June 1: Guest Chef Dinner Featuring Spataro

Monday, June 5: Golf Open at Del Paso Country Club

## Connect with us:

