

2022



Impact Report



saint john's
PROGRAM FOR REAL CHANGE

A note from Saint John's



Thank you for your commitment to the women and children of Saint John's Program for Real Change as we, alongside our community, emerged from a historic pandemic. In 2022, Saint John's met our mission and served 404 women and children, launched the Family Services Program and welcomed back our beloved volunteers. Each of these accomplishments reflect Saint John's strong belief in the power of community as ONE SAINT JOHN'S.

In 2022, news reports mounted about the growing numbers of homeless individuals. The Point in Time Count revealed that persons experiencing homelessness increased by 67 percent from 2019. Amidst the alarming growth, Saint John's continued to serve women and children in a safe nurturing environment without compromising intentional care through comprehensive wrap-around services. As the larger community experienced unprecedented staffing shortages, nonprofit organizations experienced a ripple effect as well. Today, Saint John's recognizes its 85 employees who work 24 hours a day and 7 days a week to ensure that women and children are housed, fed, clothed, and supported through classwork, workforce training, counseling, case management, and community. The team at Saint John's worked nights and weekends and worked overtime routinely. In spite of significant challenges, Saint John's Program for Real Change persevered because the mission is crucial and because of you, our dedicated community partners, funding partners, volunteers and the dedicated staff at Saint John's. Together we are ONE TEAM, with ONE GOAL. We are ONE SAINT JOHN'S.


Julie Hirota, Chief Executive Officer


Mark Wiese, 2022 Board Chair



2022 Board Members

“

Saint John's is far more than a shelter. Many of these women and children have faced heartbreaking adversity and trauma. It is amazing to witness the staff come alongside each family, and to see the women embrace the opportunity to give themselves and their children a better life. It is incredibly rewarding to have the privilege of serving on the Board of Directors at Saint John's Program for Real Change.

- Mark Wiese, 2022 Board Chair

Erin Cabelera, R., Ph., Pharm D
Area Pharmacy Director, South
Sacramento - Kaiser Permanente

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Financial Advisor,
The Cloninger Group

Ian Cornell
President, Cornell Group

Laura Hewitt
Community Member

Kimberlie Hiltachtk
Principal, Hiltachtk Marketing
Group

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CEO, Saint John's Program for
Real Change

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Edward Manning
Partner, KP Public Affairs

Joaquin McPeek
VP of Corporate and Public
Affairs, Edelman

Kevin Peterson
Human Resources Leader, Kaiser
Permanente

John Petrovich
Principal, Deloitte Consulting, LLP

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CIO, Buzz Oates Company

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Peter Thompson
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Mark Wiese, 2022 Board Chair
President, Pacific Housing, Inc.

Michele Wong
Executive Director, SMUD
Museum of Science and Curiosity



Building change together.

2022 COMMUNITY SUPPORTERS

1700
Volunteers

Individual
Donors

1729

90 Corporate
Supporters

55

Community
Organizations

13,544 Volunteer
Hours

61

Foundations

\$203,160

Volunteer In Kind
Support Value



Who you help.

“

I enjoy using my passion for photography to spread the word about all that Saint John's is doing for women and children. I love capturing photos that tell the story of Saint John's.

-Bill Quinn, volunteer photographer



Children served	144
Single women served	100
Respite care (emergency)	90
Mothers served	70
Children reunified with mom	36
New jobs	34
Stably housed	68%
Nights of housing	51,100
Meals served	153,000

BARRIERS

80%

SUBSTANCE
USE
DISORDER

76%

HAVE
EXPERIENCED
DOMESTIC
VIOLENCE

65%

INVOLVED
WITH
JUSTICE
SYSTEM

61%

BEHAVIORAL
HEALTH
DISORDERS



Healing for the whole family.

Saint John's Program for Real Change Family Services



ADULT SERVICE WHEEL

Saint John's provides comprehensive wrap around programming and services that includes individual case management, mental health therapy; alcohol/drug addiction counseling; life improvement classes (parenting, exercise, nutrition, healthy relationships, anger management), financial literacy coaching, a high school diploma program; employment training, job search/placement and career coaching while living on campus receiving basic needs of shelter, transportation, meals and child care, year-round.



FAMILY SERVICE WHEEL

In 2022 Saint John's launched Family Services programming with a mission to provide complete wrap-around services for families. As an initial step, Saint John's developed and leveraged partnerships with UC Davis Health to implement on-site dedicated parenting, family strengthening classes and connections with medical partners. At the same time we continued supporting reunifications of children with their mothers and holding social emotional group classes through our partnership with CSUS - Sac State.



The seeds have been planted.

Saint John's launched the Family Services Program to better serve the increasing number of children and parents entering our program.

PHASE 1 COMPLETE!

In 2022 we expanded current programming to include: family advocacy, parental case management, coordination with external partners, school advocacy, parenting classes, and reunification support.

ON THE HORIZON:

- Direct services for infants, toddler, preschool and school age children.
- Enhanced classroom instruction and support.
- Robust children's groups (Emoji Club, UCD Kids Group, music therapy and more).
- YMCA summer camp & field trips.
- Emphasis on teen-specific programming.
- Implement data measurement tools .
- Hire family advocacy and case management staff.
- Engage 90% of children and mothers in family advocacy programming.



Thank you to the Kelly Foundation for seeding this important program!



Priorities.

“

I love coming to campus every day knowing that what I do is making a difference. I get a front seat to real transformation in the lives of the women we serve as they do the all-important work necessary for real change.

- Karen Edwards, employee



FAMILY SERVICES

Saint John's recognizes the importance of a family progressing through the program together. Family services provides wraparound services through a collaborative, comprehensive approach that seeks to address the complex issues that contribute to homelessness and support families in achieving stability and secure housing in a safe and supportive environment. Service involves a team approach with case managers, child care and parenting specialists, education, medical and social emotional health service providers working together to develop a comprehensive short and long-term plan for each family to gain independence and stability.

EMPLOYMENT DEVELOPMENT

Saint John's focuses on employment development and job placement for every woman in the program. Women receive a personal training plan that aims to strengthen their skills in order to reach their career goals. Training encompasses resume building, interviewing techniques, and reference identification, and also includes a four-month training period at our social enterprises - Plates Catering and Red Door Desserts. After completing the program, individuals embark on an active job search with the help of job placement services. Notably, in 2022, Saint John's successfully matched women in the program with prestigious employers such as UC Davis Health and the State of California.

RED DOOR DESSERTS

Red Door Desserts, one of two social enterprises, was created to provide employment opportunities and job training to women who have experienced homelessness, poverty, or addiction. Through this job training program women receive hands-on training in food service, supply management and customer service. Red Door Desserts also serves as a source of community support and revenue source, with proceeds from sales being reinvested back into the program to support the services and resources at Saint John's.



Celebrating Progress.

2022 COMMUNITY SUPPORTERS

Saint John's has a reputation for high community and volunteer involvement. Whether it's the annual Party for Change Celebration or the monthly Guest Chef Dinners, the community commits to the cause with enthusiasm and support!



Voices for Change.

DONOR AND VOLUNTEER SPOTLIGHT



“ Saint John’s is the gold standard for nonprofits in Sacramento. The wrap around services offered produce lasting change in the lives of women and children.

-DAVE & CONNIE WRIGHT
DONORS



“ My support continues because the cycle of poverty continues. I will serve until we break that cycle for good! I’m inspired by the success of the women in the program who work hard every day to break that cycle.

-ERIN CABELERA
BOARD MEMBER AND DONOR



“ Saint John’s is a wonderful place for women to be with their children as they learn life skills, maintain their sobriety and receive employment training. It’s a program we can support.

-JACK JOHNSON AND DIANNE REGH
GUEST CHEF DINNER ATTENDEES



“ The program that Saint John’s offers is a **force** to move women forward, giving them direction and purpose. This is a cause I can get behind and support.

CHEF DENEW WILLIAMS-
GUEST CHEF FROM ALLORA



saint john's
PROGRAM FOR REAL CHANGE



“ I’m inspired to continue serving as board member because of the mission and the inspiration of the women. They inspire me with their “don’t give up” attitude, no matter the barriers.

-BRAD SIMMONS
BOARD MEMBER, DONOR



“ Saint John’s offers more than a one and done program. Sustainable change is actually created and achieved.

-JOHN PETROVICH
BOARD MEMBER, DONOR



“ Saint John’s is a program that I can believe in. I love that kids are part of the whole program and gain from all that is offered.

-NANCY CAMPBELL
DONOR



“ I’m committed to volunteering and donating to Saint John’s because of the mission of helping women and children get back on their feet – breaking that cycle of poverty.

-CELIA NICOLIS
VOLUNTEER, DONOR



Financials

Our 2022 financial audit report will be available on our website in May.



Program Highlights



PERSONAL DEVELOPMENT SERVICES

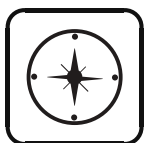
The personal development of each woman is vital to lasting change in their lives. This is achieved through skill building courses which include:



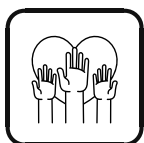
Financial Literacy: We partnered with the Sacramento chapter of National Coalition of 100 Black Women to bring a series of Financial Literacy workshops to residents. NCBW also contributed a variety of books on financial literacy topics to add to our in-house library.



Growing with Technology: This course helps build computer skills including: setting up a professional email and Google account, getting a credit report, word processing, spreadsheets, and presentation programs and typing skills.



Navigating Barriers: This course curriculum addresses topics such as barriers to health, obstacles to finding housing after Saint John's, and legal matters clients may previously or presently be facing. Clients are given resources for affordable housing programs and free/affordable legal aid.



Alcoholic Anonymous: This is a weekly 12 Step meeting brought to Saint Johns by Hospitals and Institutions Committee of Alcoholics Anonymous. This meeting allows clients to learn how to stay sober through working the 12 Steps and develop a manner of living.



Program Highlights



CAREER CENTER

The success of this program lies in our strong belief that lasting change results from economic and social reintegration through career education and placement with emphasis on three areas:



Educational Assistance: Women can earn their high school diploma on our campus while simultaneously learning computer literacy and money management.



Job Readiness: Women learn soft skills including workplace etiquette, conduct, personal interaction, attitude, kitchen techniques, safety, and sanitation.



Employment Training: Women receive over 450 hours of on the job training through Plates Catering, Red Door Desserts, and First Steps Childcare.

ACHIEVEMENT HIGHLIGHTS

20

HOURS JOB
READINESS
TRAINING

450

HOURS
ON THE JOB
TRAINING

64%

OBTAINED
EMPLOYMENT

RED DOOR
desserts



[Click here to shop](#)



Plates
Cafe and Catering

[Click here to
visit website](#)

Let Plates Catering provide delicious food at your next event and Red Door Desserts bake and ship delicious desserts to you made from scratch, and with love, with 100% of proceeds benefiting the women and children at Saint John's Program.



Program Highlights

CUSTODY TO COMMUNITY TRANSITIONAL RE-ENTRY PROGRAM

Saint John's operates one of the five centers in the state of California contracting with the California Department of Corrections and Rehabilitation (CCTRP) serving serious and violent female offenders and was awarded a second, 5-year contract. The parallel program mirrors the homeless program with in-depth wrap-around services including therapy, case-management, vocational training, job placement, etc.

CCTRP
HIGHLIGHTS

68

CLIENTS
SERVED

32

CLIENTS
PAROLED

CHILDREN'S PROGRAM

The on-site Children's Education Center provides a nurturing and educational environment for children from birth through age 17. Three classrooms meet the individual needs of infants, toddlers, and preschoolers. The children at Saint John's receive the love, structure, and support, desperately needed and deserved.

SAINT JOHN'S SQUARE

Saint John's Square is an independent, private housing community. The Square offers interim housing on the property of Saint John's Program for Real Change, houses up to 55 women and children, prepares individuals and families for independence, and provides residents with real life experience in running and maintaining a household all while staff continue to provide support services while they become more independent.

INTEGRATED HEALTH SERVICES

Our Integrated Health Services team assists women in addressing the barriers to their success including addictions, mental health concerns, healing, reconstituting family relationships, and developing self-confidence. Women are provided case management, substance use counseling, individual, family, and child therapy, and specialized classes and groups in a safe and confidential setting.



DARLENE'S *Story*

“

Coming to Saint John's was scary and hard. But it was doable. I set my mind to a goal. I really wanted a better life for myself and for my sons and was willing to work hard for it. And now we're on our way to that better life thanks to Saint John's!

- Darlene, 2023 Graduate



Struggling as a single mother for 12 years, Darlene found herself in a place where she desperately needed help. She'd fallen behind in her rent and was facing eviction with nowhere to go. She realized Saint John's was just what she needed to avoid homelessness for herself and her four sons.

When she first came to Saint John's in June of 2022, Darlene wasn't sure she really qualified because her story didn't include addiction, domestic violence, or CPS. "Maybe my story isn't good enough," she thought. "I'm just an average African American woman raising kids on my own." Instead, she found Saint John's to be a welcome place for her, a place to catch her breath and regain her footing. Darlene has taken her time at Saint John's very seriously, staying laser-focused while she worked through the program in just six months, a much faster pace than most women, especially with four boys! Darlene attributes her hard work to knowing what it's like to be totally on her own with her boys and no source of income. She added, "I know how to work hard!"

After completing our hands on Employment Training and Job Readiness class, Darlene quickly found a job working at Circle K. However, she had her eyes on a better job with the USPS. She passed with the US Postal Service exam with flying colors. She was recently hired as a City Carrier Assistant for the USPS, working full time. She will graduate from Saint John's in June 2023 and has applied to move with her sons into Saint John's Square.

When asked if she had any other thoughts to share, Darlene reflected, "Coming to Saint John's was scary and hard. But it was doable. I set my mind to a goal. I really wanted a better life for myself and for my sons and was willing to work hard for it. And now we're on our way to that better life thanks to Saint John's!"



Thank You

for being a changemaker.

With your help we are unleashing the potential of women and children in crisis through our comprehensive residential program that works toward Real Change.



Donate. Volunteer. Attend.



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saintjohnsprogram.org



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