



IMPACT REPORT

Fiscal Year 2023

saint john's
PROGRAM FOR REAL CHANGE



Our **Mission**

Saint John's Program for Real Change provides a **safe space** for **women and children** to heal and develop the skills necessary to transform their lives.

Our **Vision**

End the generational cycle of **trauma and homelessness.**



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A LETTER FROM SAINT JOHN'S

Dear Friends,

As we reflect on 2023, we are filled with gratitude and pride for what we have accomplished together. Your unwavering support has enabled Saint John's Program for Real Change to make significant strides in breaking the generational cycle of trauma and homelessness.

This past year we proudly launched a new Housing Assistance Program to provide critical financial support for individuals and families in the Sacramento region experiencing homelessness or at risk of becoming homeless. In just the first few months, fifteen families received rental assistance, and sixteen families secured or retained permanent housing, making a profound impact on their lives.

Our Family Services programming also saw tremendous growth. We introduced homework support, a literacy program, and additional clinical services, ensuring that mothers and children receive comprehensive care. Our partnership with the City of Sacramento's 24/7 Coordinated Access Line at 2-1-1 has further increased access to our services, amplifying our impact within the community.

In early 2024, we bid a fond farewell to our former CEO, Julie Hirota, whose dedication and vision have left a legacy. We are thrilled to welcome Jose Dominguez as our interim CEO and look forward to the exciting future of new leadership.

Thank you for standing by us and believing in our mission. Your support has been instrumental in making 2023 a year of growth and transformation.

Thank You,



Jose Dominguez
Jose Dominguez
Interim CEO/COO



John Petrovich
John Petrovich
Board Chair

WHO WE SERVE

Adults in Residence

100% live below the poverty level

72% require substance use treatment

72% have experienced domestic violence (DV)

54% are justice system involved

56% are living with a mental health disorder

41% do not have a high school diploma

14% of mothers are in process of reunification with children



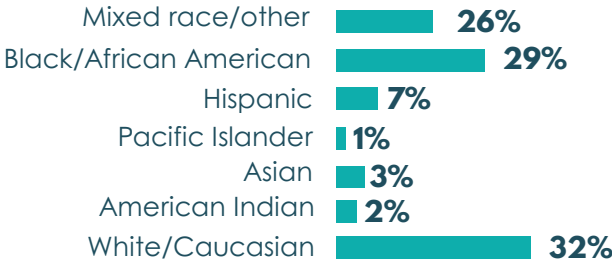
**Onsite
daycare for
children 0-5**

**In 2023
161 children
were served**

WHO YOU SERVE

44% of women arrive with one or more children

Demographics



Women and children served

461

Meals Served in 2023

97,000



3 out of 4 of the women have experienced:

- **Domestic violence**
- **Substance use disorder**



2 out of 4 of the women have:

- **Criminal backgrounds**
- **Mental health disorder**
- **Lack high school diploma**



JASMINE'S STORY

Struggling with housing because of an eviction, Jasmine was in a dark, stressful place. With a six-month-old baby and her older two children in foster care, she felt hopeless. She found hope when she walked through the Red Doors of Saint John's in October 2023, feeling immediate relief and safety. Since coming to Saint John's, she has been able to enjoy visits from her older children and hopes they will soon join her full-time. Initially uncertain about staying, Jasmine soon appreciated the structure provided by the program.

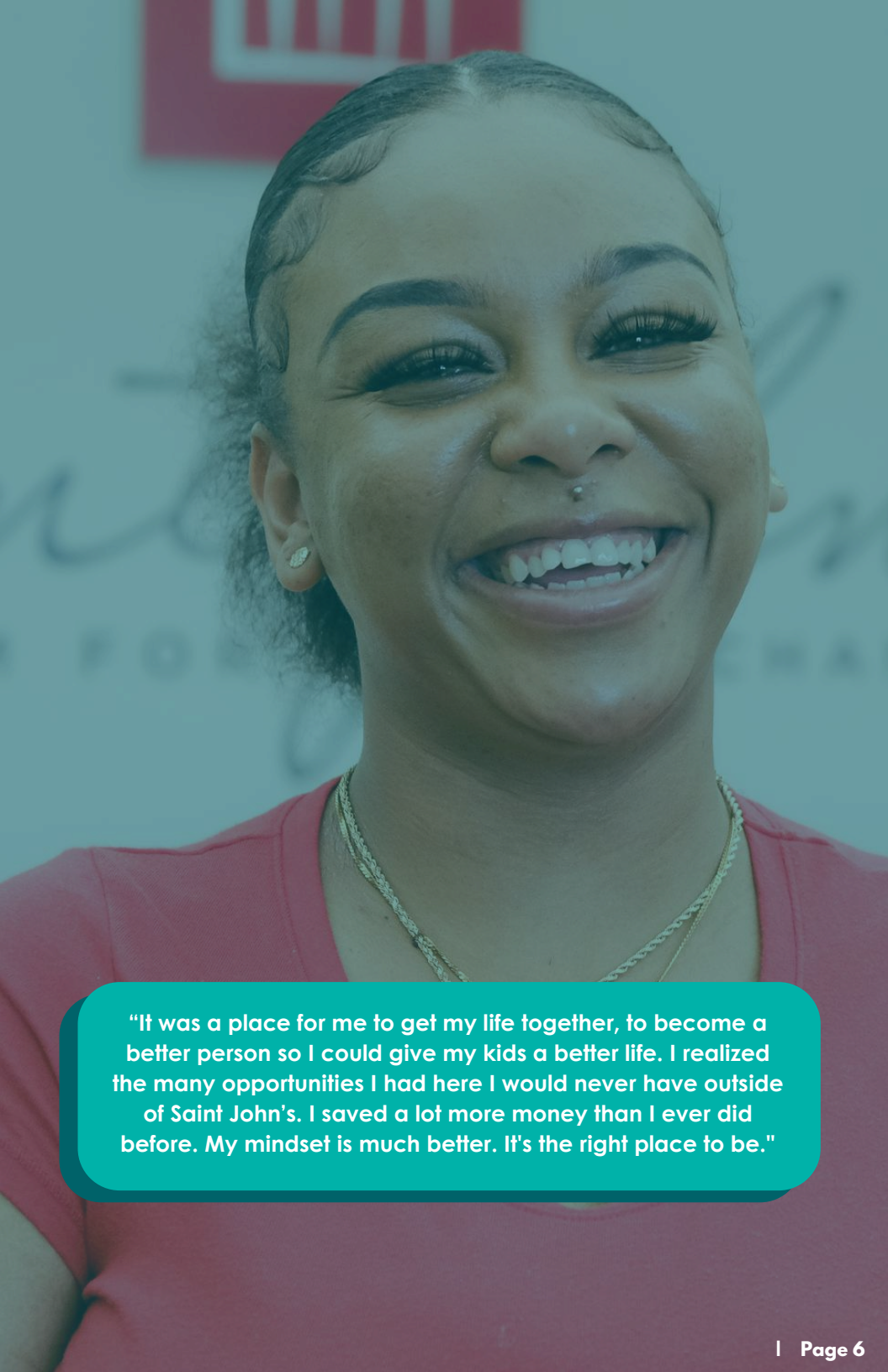
"I have so many opportunities here that I would never have outside of Saint John's." Now, she is working towards her high school diploma, has completed employment training and job readiness classes, and is job searching.

Therapy sessions have been particularly helpful, allowing her to face her past without judgment. Jasmine's son has thrived too, recently celebrating his first birthday. Her ultimate goal is to become financially stable, have a home, happy kids, and be a present and supportive mom.

Her transformation has been profound, marked by a changed appearance, attitude, and mindset, all fueled by the support of the Saint John's community.

Watch Jasmine's story





“It was a place for me to get my life together, to become a better person so I could give my kids a better life. I realized the many opportunities I had here I would never have outside of Saint John’s. I saved a lot more money than I ever did before. My mindset is much better. It’s the right place to be.”

ABOUT THE PROGRAM

Saint John's operates the **largest** residential program in Northern California for women and children experiencing homelessness. Saint John's provides services **24 hours/day, 365 days/year**, offering a comprehensive onsite program. The program is supported by wraparound services including behavioral health services, hands-on employment training, career education, and family services. 100% of the women entering Saint John's are unemployed and living below the poverty level.

Our **12-month** program provides tailored individual support to give women the chance to attain stable housing, meaningful employment, and personal well-being. Through our holistic approach, we empower women to build self-sufficiency and work towards breaking the cycle of poverty and dependence, creating a lasting impact on their lives and the community.



\$13,500

Cost of Annual Services
Provided Per Person



BEHAVIORAL HEALTH SERVICES

Integrated Health Services

Providing a safe environment for women and children to heal from trauma is central to our mission. Both women and children at Saint John's have access to individual, group, and/or family therapeutic services provided by our team of clinicians. Clients also participate in onsite classes covering crucial topics such as positive thinking, anger management, healthy relationships, and transforming habits.

For clients struggling with trauma, substance use, anxiety, depression, or other mental health issues, Saint John's Behavioral Health team assists women in overcoming barriers to employment and personal well-being by providing:

- Substance use counseling and individual treatment plans that support women who are recovering from drug or alcohol addiction.
- Individual, family, and group therapy counseling addressing mental health concerns.
- Support services for family reunification and strengthening family relationships.
- Specialized classes and groups promoting learning and the development of personal efficiency and self-confidence.
- Weekly case management sessions tailored to individual needs and goals.

Childcare & Family Services

In 2023, Saint John's provided over **20,000** hours of nurturing childcare and preschool services, removing barriers for mothers to engage in employment training and program services. Families are supported by our Family Services team, promoting school engagement, educational attainment, parental resiliency, parental attachment, and family reunification. A Family Services Coordinator also ensures children are connected with intervention services to address the impact of trauma and other developmental and health needs.

EMPLOYMENT TRAINING

Career Education and Placement Center

The success of Saint John's program lies in our employment training program, where women develop the skills and tools necessary to **secure paid employment and the means to maintain permanent housing**. Saint John's social enterprises exist solely to provide our clients with hands-on employment training and work experience, creating the opportunity for women to establish an employment history, learn critical job skills, and acquire a managerial reference.



Education

Clients have the opportunity to earn their high school diploma through **onsite** classes provided by Highland Community Charter School. In 2023, **104** clients also participated in basic computer and financial literacy training.



Job Readiness Instruction

Saint John's job readiness curriculum provides women the opportunity to learn the soft skills of employment, including workplace etiquette, conduct, personal interaction, and safety. Clients are also supported in addressing barriers to workforce participation.



Employment Training

In 2023, **49** clients completed **250 – 400** hours of on-the-job training through two social enterprise programs: Plates Catering and Red Door Desserts.



Job Placement

With the support of local business employment partners, in 2023, **24** clients secured offsite paid employment.

SOCIAL ENTERPRISES

Plates Catering

Our employment training program allows our clients to seek jobs with a career path to higher wages and stability.

During our program, clients receive extensive hands-on training through Plates Catering and Red Door Desserts.

Order from Plates Catering



Under the guidance of our Culinary Institute of America-trained chef, Plates Catering prides itself on delivering a culinary experience that transcends expectations. With a commitment to excellence in every dish, we offer a diverse menu crafted with precision and creativity. From timeless favorites to innovative culinary creations, our menu caters to a wide range of preferences and occasions. Whether it's a corporate lunch, a wedding celebration, or a private gathering, our culinary expertise ensures that every event is elevated to a memorable dining experience.



SOCIAL ENTERPRISES

Red Door Desserts

Red Door Desserts provides our clients with hands-on training in baking and pastry arts under the guidance of experienced culinary professionals. This training includes essential skills such as:

- Recipe Execution
- Kitchen Safety and Sanitation
- Time Management
- Team Collaboration

Indulge and empower with a single order or a monthly dessert subscription to our Red Door Desserts Club. Enjoy delicious desserts made from scratch, and with love, from women in the hands-on employment training program at Saint John's. A perfect gift for birthdays, special occasions, and holidays. We ship nationwide and when you sign up for the Red Door Desserts Club shipping is free! A beautiful gift with an extra special mission.

From all of the women and children at Saint John's, we say **"thank you"** for indulging your sweet tooth and empowering women to make permanent, positive changes in their lives.

Order from Red Door Desserts



FEMALE COMMUNITY REENTRY PROGRAM

Saint John's operates a voluntary re-entry program for currently incarcerated women where they can serve out the remainder of their sentence of **up to 32 months**. The program mirrors Saint John's Program by providing in-depth wrap-around services including therapy, case management, substance use disorder counseling, vocational training, job placement, and access to education. A six-week vocational course includes lessons on how to write resumes and cover letters, and mock job interviews.

Saint John's re-entry program is **one of six** such facilities in the state of California.

110

WOMEN SERVED IN
2023

Check out this
CalMatters article
highlighting the
program



CAL MATTERS

“To be called Jenny — not Salazar, not a number — made me feel human.”

Jenny, Incarcerated for 13 years



HOUSING

Housing Assistance Program

With the support of philanthropic partners, Saint John's Housing Assistance Program can provide:

- **Rental Assistance:** We provide up to 3 months of rental assistance, decreasing incrementally each month (1st month 60%, 2nd month 40%, 3rd month 20%).
- **Housing Stability** We can provide a one-time security deposit assistance of up to \$1500.
- **Mortgage Assistance:** We offer a one-time mortgage assistance of up to \$1500.

83 households have received housing assistance

*The housing assistance program is only available to residents of the City of Sacramento.

Saint John's Square

Saint John's Square provides transitional housing for up to **12 months** in a transitional living community on the Saint John's campus. The Square offers subsidized transitional housing to facilitate a successful transition to permanent housing for program graduates and other women. The Square houses up to **22** households, helping women and children become financially stable.

While living at Saint John's Square, the program provides services and tools for support such as case management and housing navigation.

2023 Impact: 18 women and 20 children

Supportive Services: Housing Navigation and Case Management

VOLUNTEERS

At Saint John's Program for Real Change, our dedicated volunteers are essential to supporting our mission. Their contributions are invaluable, providing essential support that allows us to extend our reach and amplify our impact. We are profoundly grateful for the selfless dedication of our volunteers. Their passion and commitment exemplify the very spirit of Saint John's, and we invite you to join us in celebrating their extraordinary contributions.

1,200
Volunteers

12,410
Volunteers
Hours

**The Current Estimated National
Value of Each Volunteer Hour Is:**

\$33.49



FINANCIAL SNAPSHOT

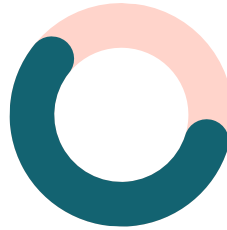
We take great care to spend your generous gifts wisely. **81%** of donated funds support program expenses, and the remaining **19%** support administration and fundraising costs. Our operating budget is made up of **63%** government funding and **37%** community giving.

Your Donation Dollars



- Program Expense (**81%**)
- Administration and Fundraising (**19%**)

Saint John's Operating Budget



- Government Funding (**63%**)
- Community Giving (**37%**)

\$7.8 Million

2023 Operating Budget

*Saint John's Program for Real Change is a private, non-profit, 501(c)3 charitable organization that provides food, shelter, and supportive services to formerly homeless women and children. Our annual operating budget is supported through contributions from individuals, organizations, foundations, and corporations, as well as a variety of government grants. Our fiscal year is January 1- December 31.

EVENT HIGHLIGHTS

Saint John's has a reputation for high community and volunteer involvement. Whether it's the annual **Party for Change Celebration** or **Guest Chef Dinners**, the community commits to the cause with enthusiasm and support!



CYRINANA'S STORY



Everyone deserves a second chance, and that's exactly what Cyrinana found at Saint John's Program for Real Change. After being evicted and struggling with chronic poverty, she arrived at our campus with her three children in April 2019.

Initially seeking a place to stay, food for her family, and a safe environment for her kids, she faced many challenges. Her first stay ended in September 2019 due to self-sabotage and unmet expectations. Following this, Cyrinana faced even greater hardships, including living in her car, almost losing her children to CPS, and navigating the pandemic with an unstable job situation.

Despite these challenges, Cyrinana never gave up. She remembered the structure and discipline she experienced at Saint John's and decided to return in June 2022, this time with five children. Upon her return, Cyrinana was welcomed back with open arms and found a renewed sense of purpose and hope. She shared her story of survival, drug use, and the determination to change her life for the better. And she did change! She completed our Employment Program while also working towards her high school diploma at Highlands Charter School, despite her struggle with dyslexia. She even passed her driver's license test.

“I was taking and distributing drugs. That was my past, because of Saint John's I can have a different future.”





Cyrinana became a positive influence at Saint John's, encouraging other women and maintaining a hopeful outlook. Her journey was filled with moments of vulnerability and strength. She recalls telling her children, **“Just give me a chance and cooperate with me,”** and seeing their enthusiasm fueled her determination.

Cyrinana's courage continued to grow, and she worked hard to be a good parent as she forged ahead to a better life. With her newfound confidence and determination, she successfully found employment and permanent housing for her family, graduating from Saint John's in January 2024. She is grateful for the donors who supported her throughout her journey, providing meals, school supplies, and the opportunity to return to Saint John's. Cyrinana's story is a testament to the power of second chances and the impact of unwavering support and belief.

“I found a home with Saint John's. I found a sense of belonging.”

Watch Cyrinana's story





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PROGRAM FOR REAL CHANGE

EXECUTIVE TEAM

Interim CEO/Chief Operations Officer

Jose Dominguez

Chief Program Officer

Quinta Davenport

Chief Philanthropy and Marketing Officer

Shahnaz Van Deventer

Chief Human Resources Officer

Jenny Boseman

Senior Director of Finance

Badar Khan

BOARD OF DIRECTORS

Chair

John Petrovich

Members

Kimberly Bleichner-Jones

Amanda Blackwood

Erin Cabelera

Daisy Castellón

Cara Chatfield

David Cloninger

Kimberlie Hiltachk

Kristine Hyde

Edward Manning

Shawn Moore

Kevin Ramos

Mark Wiese

Michele Wong



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PROGRAM FOR REAL CHANGE

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